



Is My Dog in Pain?

Dogs often have pain from arthritis and many other conditions but it can be very challenging to tell if your dog hurts, because dogs have a natural instinct to hide their pain. There are many options to treat pain in dogs and give them a more comfortable life. Please use the questions below to help your veterinarian determine if your dog is in pain.

Your Name: _____

Pet's Name: _____

Check all the things you have noticed in your dog:

- Difficulty getting up or lying down
- Difficulty walking or running (limps or moves more slowly)
- Difficulty jumping up or down from the car or furniture
- Difficulty walking on slippery floors
- Difficulty going up or down stairs
- Less playing or exercising with you or other animals
- Restlessness or difficulty finding a comfortable position
- Vocalizing (whimpering, groaning, crying etc.) when touched or while moving
- Decreased appetite
- Less desire to interact with people or animals (hiding, resistance to being pet, brushed, held or picked up)
- Excessive licking, biting or scratching a body part
- Sleeping in an unusual position or in an unusual location
- Unusual aggression when approached or touched (biting, growling, ears pinned back)
- Panting or trembling when resting
- Changes in eye expression (staring, dilated pupils, vacant look, squinting)

Did you know that your veterinary care team is a member of the **International Veterinary Academy of Pain Management (IVAPM)**, which is an international organization committed to insuring that animals have a pain free life? For more information and additional resources, visit the "For the Public" section at:

ivapm.org